Daily Bulletin: Thursday, October 15th, 2026

1 message

PVHS

Daily Bulletin

SEA KINGS

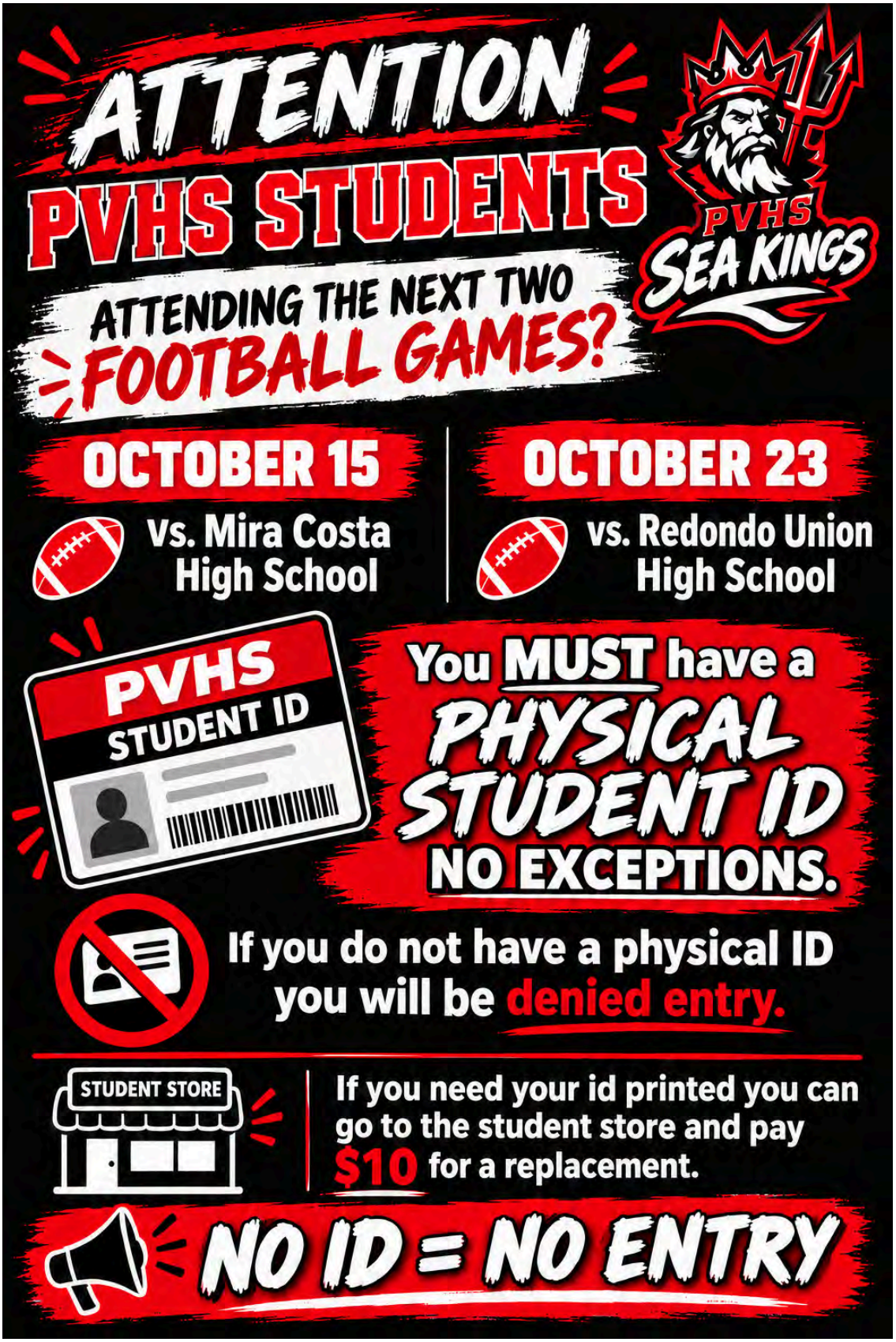
SEA KINGS, WE NEED YOU!
LET'S EARN AN EXTRA LATE START!

We currently have **301** walkers; we need **365** to meet our goal, Sea Kings! You can register everyone in your family, including pets! For every $30 walker registration, PEF receives approximately $60 to support our counseling program, College and Career Center, PVIT, and more!

Here's the deal: Reach **365** walkers and EVERYONE earns an **EXTRA LATE START DAY!** That's another morning to sleep in!

Let's rally, Sea Kings!
Get your family and friends registered, support PVHS,
and earn that extra sleep!

CLICK HERE TO REGISTER TODAY!



Daily Bulletin:

Thursday, October 15th, 2026

7:30 - 8:25 Zero Period
8:30 - 10:25 Period 4
10:25 - 10:35 Nutrition
10:40 - 12:45 Period 5
12:45 - 1:15 Lunch
1:20 - 3:15 Period 6

ATTENDANCE PROCEDURES:

Parents/guardians must notify the Attendance Office within 72 hours to clear a student's absence. Report all absences, early releases, and appointments using the Google Form.

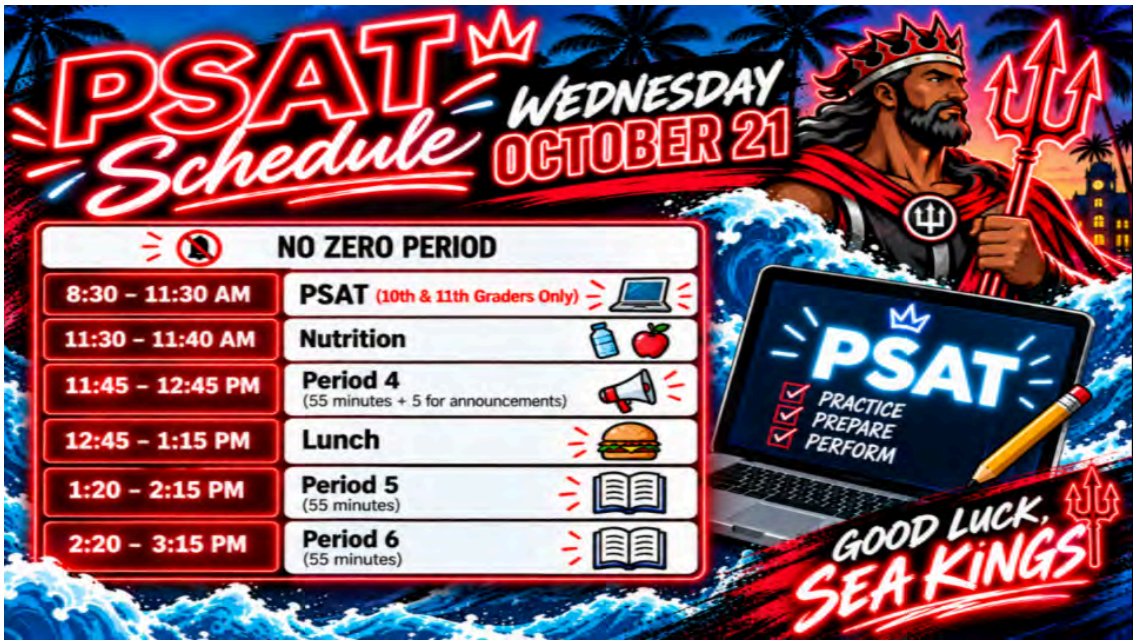
Please note that the form must be submitted using the parent/guardian email address registered in Aeries (parents will get a confirmation email).

Students may not submit the form unless they are 18 years old.
You may contact our attendance clerk by email for any questions:

Lisa Kastelan: kastelan@pvpusd.net

The A/B Calendar can be found on the PVHS website in case of any discrepancies.

Please click on the link here: ***A/B Cal & Bells***



On **Wednesday, October 21**, PVHS is excited to provide meaningful PSAT opportunities for both our 10th and 11th grade students. Whether students are building experience as sophomores or taking the official PSAT/NMSQT as juniors, this is a great opportunity to gain valuable insight into college-readiness skills and future testing.

Sophomores can take a Practice PSAT provided by Compass Education that mirrors the computer-based PSAT experience, including question types, timing, content, and adaptive format. It provides students with a helpful baseline, identifies areas of strength and potential growth, and builds confidence for future testing. Scores are shared only with families and are not reported to College Board. **Sophomores must register by Thursday, October 15 at 9:00 AM:** **Register for the 10th Grade Practice PSAT HERE**

All PVHS juniors have the option to take the official PSAT/NMSQT on campus. This is more than a practice test; it gives students an official measure of their college-readiness skills and is the qualifying assessment used to enter the National Merit Scholarship Program, creating opportunities for academic recognition and scholarships. Juniors do NOT need to register or take any action; PVHS has already purchased and reserved a test for every 11th grade student.

Students in grades 9 and 12 will arrive at school at the start of 4th period. Students in grades 10 and 11 who choose not to participate in either test should also arrive at the beginning of 4th period, when the academic school day begins. Please note that we will follow a special bell schedule on this day, which is provided above for your reference.

We strongly encourage our Sea Kings to take full advantage of these opportunities. Practice and prepare in 10th grade, and make it count in 11th!

Participate in the library's annual mini-pumpkin decorating challenge! Enter under one of **5 categories**. All entries are due Monday morning, **October 26**. Sign up today! We can't wait to see what you come up with! (No carving, no punctures, no full-sized pumpkins). Come to the library for details.

Sign up here: bit.ly/PVminipumpkinsignup

SIGN-UP ONLINE OR IN THE LIBRARY

WIN BRAGGING RIGHTS & SMALL PRIZES!

MINI-PUMPKIN DECORATING CHALLENGE

5 Categories: Characters/books, Scary, Pretty, OVER-the-TOP, & PVHS/Red Tide*.

Decorate a <u>mini</u> pumpkin & bring it to the library to display <u>Monday, Oct 26.</u>

Work on your pumpkin at home or use materials in the library.

bit.ly/PVminipumpkinsignup

1ST 10 PARTICIPANTS ENTERED IN DRAWING FOR A FREE PUMPKIN!

LA SOCIEDAD
HONORARIA HISPÁNICA
APPLICATIONS
DUE FRIDAY
10/16
TURN IN TO MRS.
REMETA'S ROOM 331

Sign Up Link

NEHS | NATIONAL ENGLISH HONOR SOCIETY *for Secondary Schools*

NATIONAL ENGLISH HONOR SOCIETY

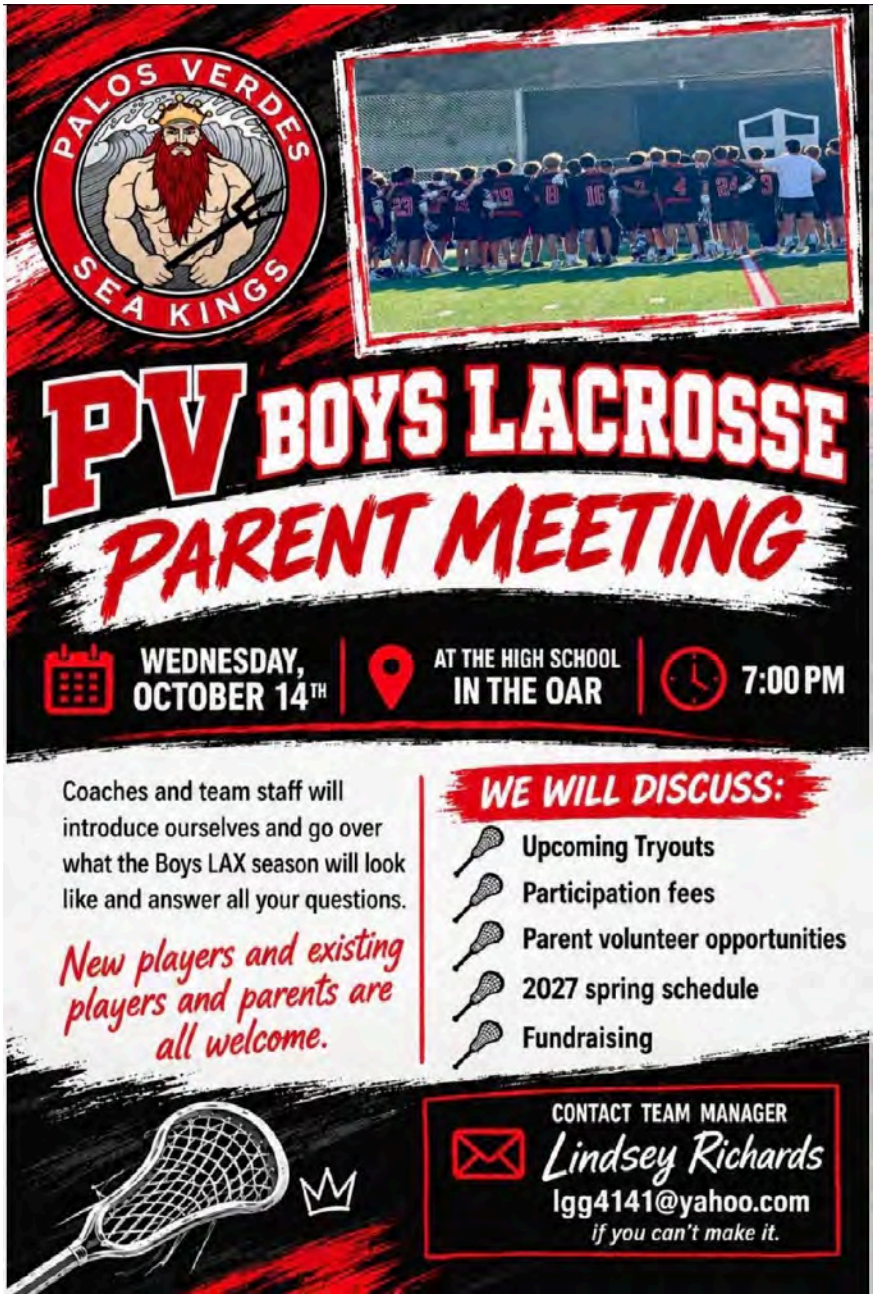
APPLY TODAY!

IF YOU...

- Are a sophomore, junior, or senior
- Have a B or higher in regular English classes for each semester
- Have a C or higher in Honors/AP English classes for each semester
- Are ready to be inspired by the English language

SCAN THE QR CODE TO ACCESS THE APPLICATION:

APPLICATIONS DUE BY OCTOBER 23 , 2026 TO MRS. LEWIS IN ROOM 323 AT NUTRITION OR LUNCH



ATTENTION ALL GIRLS SOCCER PARENTS: There is a Mandatory Informational Parent Meeting

When: Thursday, October 15th at 7:00 pm
Where- OAR

BASEBALL TRYOUT INFORMATION - For any student interested in trying out for baseball.

The link below is for an information sheet that will be used to determine how many students are planning to try out for baseball. From there, we will plan tryouts and determine how many days we need so we can set the actual dates. Tentatively looking at Thursday, November 5, Friday, November 6, Monday, November 9, and Tuesday, November 10 as possible dates.

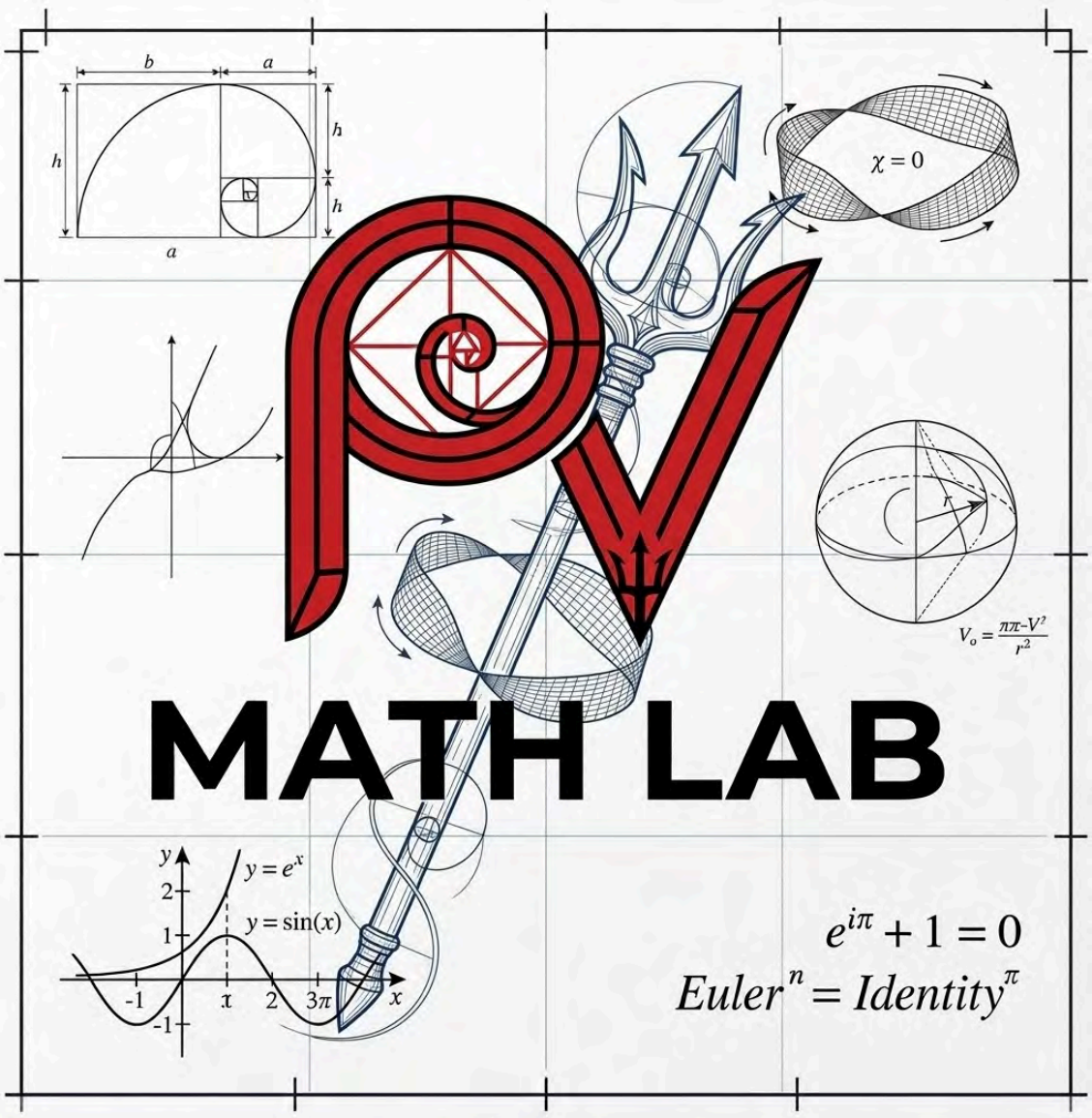
Baseball Tryout Information Gathering Form - 2027 Season (NEW Players Only)

The link is accessible ONLY to students with a @pvpusd.net email address. If you are having trouble accessing it, let me know.

Thank you,
Coach Alex Morales

Form Link

PALOS VERDES HIGH SCHOOL
Counseling News



PV Math Lab: We are offering drop-in math support **every Monday and Tuesday during lunch**:

- **Algebra 2 Math Lab: Room 308**
- **General Math Lab: Room 407**

No appointments necessary. Just bring whatever you are working on and stop by!

PVHS College & Career Center

COLLEGE REP VISITS

WEEK OF Oct. 12

MONDAY

Mini College Fair @ Lunch:

- Hofstra

TUESDAY

- 9:00am - Vassar College
- 9:45am - University of Ohio
- 1:30pm - University of Flordia

WEDNESDAY

- 9:30am - Boston College
- 10:15 am- University of Oregon
- 11:00 am - Notre Dame University
- 12:00pm - Rice Unersity
- Lunch - Application Support in the CCC
- 2:00pm - Pepperdine Universtiy

THURSDAY

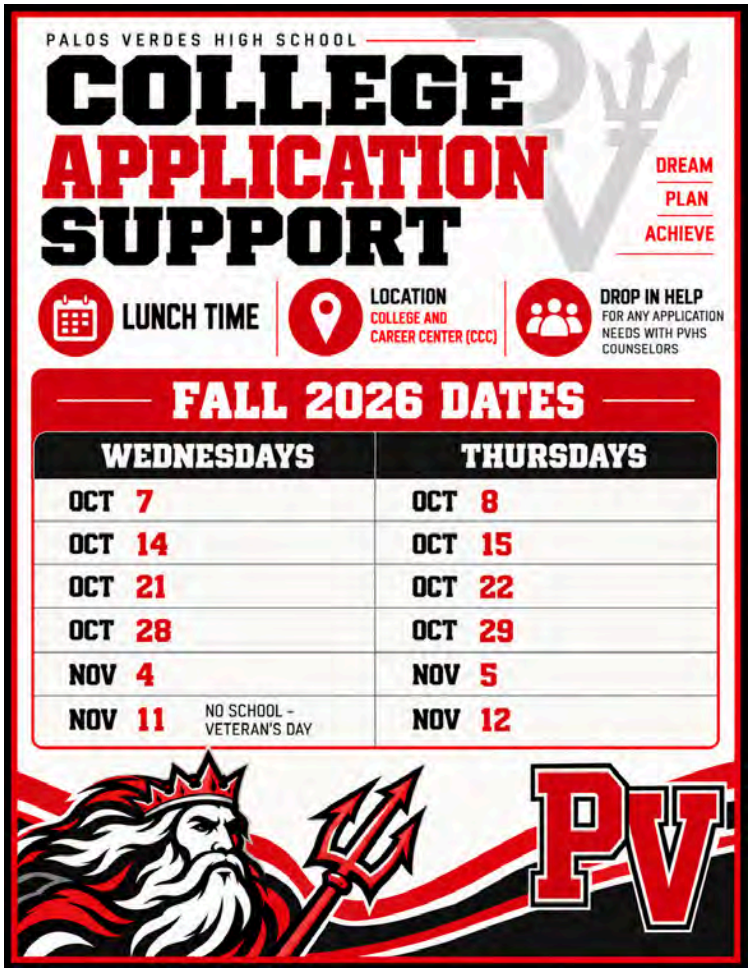
- 9:00 am- Haverford College
- 9:45 am - Trinity College
- Lunch - Application Support in the CCC

FRIDAY

- 11:00 am - Washington & Lee University

PVHS COLLEGE CAREER CENTER

See You in the CCC!



Class of 2027 - Application Support in the CCC @ lunch.
PVHS Counselors are here to help you! Come with any and all questions! Special guest appearance and assistance by Mrs. Lewis on Oct 8th! Mark your calendar to come get your questions answered on any parts of the Common App, UC App or Cal State Application!

SCHOLARSHIP UPDATE:

The 2027 MVS application is now open.

The application deadline is November 12, 2026.

The Elks National Foundation (ENF) awards 500 four-year scholarships based on academics, leadership, and financial need. National awards range from $1,000 per year to $7,500 per year. The national awards will be announced in April 2027. **MVS scholarship applicants will also be eligible to receive a scholarship from our Lodge, District, and/or State.**

MVS scholarships are for high school seniors who plan to pursue a four-year degree on a full-time basis (minimum of 12 semester hours), at a U.S. college or university starting 2027-28.

Some important applicant details include:

« Current high school seniors (or equivalent) who are citizens of the United States are eligible to apply.
« Applicants do not have to be related to a member of the Elks.
« Male and female students compete separately.

Applicants select from a list of the Lodges closest to their home address zip code.

DISTRICT Updates

Volunteer with PVPUSD

MAKE A DIFFERENCE IN OUR SCHOOLS!

Thank you for your interest in volunteering with the Palos Verdes Peninsula Unified School District. Please review the following information to learn how you can get involved.

Types of Volunteer Opportunities

CATEGORY A: Special Events (Site-Specific) or Office Volunteer

CATEGORY B: Day Field Trips, Parent-Led Art Classes, Reading Groups, Tutoring, etc.

CATEGORY C: Overnight Travel and Special Event Drivers *(Parents/guardians using personal vehicles)*

Required Documentation

REQUIREMENTS FOR CATEGORIES A, B, & C

Valid Form of Identification
- Driver's License
- Identification Card
- Passport

Tuberculosis (TB) Risk Assessment
- To access the TB Risk Assessment Form, scan the QR code or visit tinyurl.com/VolunteerTBRisk
- *If applicable:* TB results must show date given, date read, results, and name of medical facility.
- Assessments and/or results are valid for four years.

- **Raptor Check-In**
  - When arriving at a school site, volunteers must present a valid state-issued identification to use with the Raptor system.
  - Volunteers will receive a sticker with their name and volunteer location after checking in.

REQUIREMENTS FOR CATEGORIES B & C

- **Live Scan Background Check**
  - To request a Live Scan Background Check, scan the QR code or visit tinyurl.com/PVPUSDBackgroundCheck

- **California Annual Mandated Reporter Training**
  - Before volunteering, provide your training certificate to the school office.
  - This training must be completed and updated annually.
  - To complete the training, scan the QR code or visit mandatedreportertraining.com/volunteers-training.
  - If you are a first responder or educator, you may use that training certificate.

Ready to Volunteer?

For application materials, forms, and additional details, **scan the QR code** or visit **pvpusd.net/volunteers.**

DAR

Daughters of the American Revolution

Calling all artists, photographers, and writers to

Explore America's History!

The Point Vicente chapter of the Daughters of the American Revolution is sponsoring the following contests to promote good citizenship and appreciation of our American heritage.
Potential for monetary awards and national recognition!

Junior American Citizen Contest (Pre-K to Grade 12)

Topic: A Symbol of Independence: The Statue of Liberty Illuminating the Path to Freedom for 140 Years

Contest Categories: Stamp Design, Photo Essay, Banner, Poster, Digital Art, Poem, Short Story, Graphic Novel/Comic, Community Service

Patriots of the American Revolution Essay Contest and American History Video Contest (Grade 9-12)

Topic: Select a figure from the American Revolution. Discuss how he/she influenced the Revolution and contributed to the founding of a new nation.

Essay 800-1200 words, Video ≤ 3 minutes

American History Essay Contest (Grade 5-8)
American History Video Contest (Grade 5-8)

Topic: Announcement of the Declaration of Independence First Reading. How would you react to hearing the Declaration read in your community? How would this have impacted your life?

Video: ≤3 minutes, Grade 5 essay: 300-600 words, Grade 6-8 essay: 600-1000 words

The deadline for submissions is November 1st, 2026

FOR CONTEST SUBMISSION RULES CONTACT:
Junior American Citizen Contest: pvdarjac@gmail.com
American History and Patriot contests: pvdaramerhist@gmail.com

PVHS PTSA
GIFTING COMMITTEE

WE'RE LOOKING FOR NEW
COMMITTEE MEMBERS!

The PVHS PTSA Gifting Committee reviews staff gifting requests and, when PTSA gifting funds are available, facilitates the purchase of approved gifts in accordance with California State PTSA gifting rules.

Interested in Joining?

If you'd like to be part of the PVHS PTSA Gifting Committee, please reach out to Amy Friedman, Gifting Committee Chair, at **amymfriedman@aol.com.**

PVHS PTSA MEETINGS

Meeting Topics & Activities

2026-27

All Meetings to occur at 9 am in the PVHS MPR

September 22, 2026
Celebrating our District!

Guest Speaker:
Dr. Devin Serrano, PVPUSD Superintendent
District & PVHS Academic Highlights
Athletic Program Overview
Student Involvement on Campus
Student Clubs, MUN, Mock Trial, PVIT, Capitol Convoy, Debate Team and more!

October 27, 2026
Red Ribbon Week @ PVHS

Guest Speakers:
Substance Abuse Speaker (TBD)

November 17, 2026
Academic Counseling @ PVHS

Student Course Scheduling
Student Academic Pathways
AP vs. Honors vs. Dual Enrollment
Dual Enrollment Opportunities:
SCROC & Harbor Community College

January 26, 2027
Engineering & Research @ PVHS

PVIT & Robotics Teams
Science Pathways & Course Offerings
Science Research
AP Research & Capstone
PVHS Library Services & Research

February 23, 2027
Leadership & Activities @ PVHS

ASB
Red Tide
Be the Change
Live from 205
PV Board Member Student Council

March 23, 2027
College Readiness @ PVHS

College & Career Center Updates
Student Scholarship Information
College Readiness Next Steps

April 20, 2027
Student Mental Health @ PVHS

Guest Speakers:
Kathi Colli, Sage Therapy
Sage Counseling Services at PVHS

Can't Make It?
Participate Virtually

https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1

All are welcome to participate & learn!

PVHS PTSA

PVHS Spirit Store: www.pvhsspiritstore.com

Call for Reflections Entries 2026-27!

Dance Choreography

Film Production

Music Composition

Literature

Photography

Visual Arts

Accessible Arts

Due Date: October 19 by 11:59PM

Entry Link: PVHS Submission Form

For rules and guidelines: https://capta.org/resource/participant-forms/

PVHS Reflections Celebration to follow for awards distribution. Students are invited to submit entries in one or more categories.

For questions, please contact Debbie Fang at debbie.ma@yahoo.com.

Link: Palos Verdes High School 2026-2027 Reflections Student Entry Form

PVHS Booster Club 26-27 Link:
www.memberplanet.com/s/pvhsbooster/boosterclub_membership_2026-27

Calling all Rancho Vista Alum Seniors!!!

We will be taking a picture for the yearbook on Sunday, October 25th at 11:15 on the Rancho Vista Playground. Please wear jeans and a black shirt. Please reach out to Julie McGovern at McGovernfamily5@gmail.com with any questions. Thanks!

CITY OF PALOS VERDES ESTATES
INCORPORATED 1939
CALIFORNIA

LOOKING FOR INTERNS

UNPAID POSITION

CURIOUS ABOUT LOCAL GOVERNMENT?
READY TO GET YOUR FOOT IN THE DOOR?
WANT TO GIVE BACK TO YOUR COMMUNITY?

- MEANINGFUL EXPERIENCE
- RESEARCH & SPECIAL PROJECTS
- ADMINISTRATIVE SUPPORT
- PUBLIC INFORMATION

WHO MAY APPLY

HIGH SCHOOL, COLLEGE & GRADUATE STUDENTS

FLEXIBLE SCHEDULE • AFTER SCHOOL HOURS AVAILABLE

APPLY NOW

PVEstates.org/Careers

We Are Brave Together serves and supports the mental and social health of caregiving moms worldwide.

- **Connection Circles / Mom Mingles**
  Informal gatherings where caregiving moms connect, share, and belong.
- **Respite Retreats & Retreat Scholarships**
  Dedicated time away for caregiving moms to rest, restore, and reconnect with themselves and each other.
- **Brave Together Podcast**
  Conversations that offer authentic stories and resources.
- **Books**
  Our publications speak directly to and raise awareness about the caregiving mom experience.
- **Virtual Mental Health Education Sessions**
  Hosted by a licensed psychotherapist, this free resource brings valuable tools meant to empower a caregiving mom on her own terms.

CONNECT WITH US.

Brave Together Podcast
We Are Brave Together
wearebravetogether
wearebravetogether.org
wearebravetogether
hello@wearebravetogether.org

You are not alone

We Are Brave Together is a 501(c)(3) Organization
We Are Brave Together is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

Palos Verdes High School | **Website**

Constant Contact

Try email marketing for free today!